

## PE and Sports Report Update

### 2024-2025

#### Autumn 2024

EYFS and Jurassic Class pupils have enjoyed a variety of activities to develop our gross motor skills such as throwing, catching, jumping and moving energetically, led by Camden coach, Elijah.

KS1 & 2 pupils have enjoyed weekly cricket lessons delivered by a team of Deaf coaches from Brentford FC.

We look forward to next half term, Autumn 2, where we will all have dance lessons, planned and delivered by our own class teacher, Hiral.

All KS1&2 pupils have gotten off to a good start this term with swimming lessons. We have weekly half an hour swimming at the Pancras Square Leisure centre delivered by swimming instructors every Friday.

Our two policies: Physical Activity and PE Policy and Educational Visits Policy, have been updated to reflect changes with/from the DfE, national guidance, local authority, association/organisation leaders' guidance, as well as our own school practices.

#### Spring 2025

At the start of the term, EYFS and Jurassic Class children enjoyed yoga sessions led by Emma, a Deaf Yoga instructor. These sessions have focused on developing balance, strength, and concentration.

Meanwhile, KS1 and KS2 pupils enhanced their teamwork, coordination, balance, and spatial awareness through weekly dodgeball lessons delivered by Deaf coaches from Brentford FC.

In the second half-term, all EYFS to KS2 classes participated in tennis lessons as part of their PE curriculum. Due to scheduling:

- Two classes received coaching from a Camden Tennis Coach.
- Three classes received coaching from Brentford FC Deaf coaches.

These sessions worked to improve pupils' hand-eye coordination, agility and gross motor skills.

#### Summer 2025

Our KS2 pupils thoroughly enjoyed their kayaking sessions. For some, it was their first time on the water, and they embraced the challenge of learning new skills with great enthusiasm. Those with prior experience were able to build on their abilities—mastering advanced techniques such as standing up in their kayaks, joining them together, and even walking across them!

Meanwhile, our KS1 pupils took part in a calming and enriching yoga session led by a deaf yoga instructor. It was wonderful to see them learning important techniques in breathing, mindfulness, and relaxation.

A lucky group of pupils from our lunchtime football club had an exciting opportunity to visit the Emirates Stadium (Arsenal FC) for a behind-the-scenes tour and to play a game, accompanied by our fantastic lunchtime football leaders, Ross and Subhaan.

Looking ahead to next half term, we're excited to offer football coaching delivered by one of our own staff members—an FA-qualified coach. We can't wait to see the progress our pupils will make!

This last summer half term, our EYFS pupils took part in football lessons delivered by a Camden sports coach as part of their PE curriculum. Meanwhile, KS1 and KS2 pupils benefitted from weekly football coaching sessions led by one of our own teaching assistants, who is also a qualified FA football coach.

At the end of June, our Year 5 and 6 pupils embarked on a week-long residential trip to Centre Parcs at Elveden Forest. The trip was designed to promote independence, develop social and emotional well-being, and engage pupils in a range of physical activities. Throughout the week, pupils enthusiastically took part in and excelled at a variety of sports, including:

- Indoor climbing
- Swimming
- Nature walks
- Cycling
- Laser combat
- Pedalo boating
- Kayaking
- Aerial adventure (zip wire)

The summer term also featured our annual Deaf Festival Week, held from Monday 14th to Friday 18th July. This week-long event was a fantastic addition to our PE programme, with a focus on the Deaflympics and the celebration of Deaf athletes. We were privileged to welcome several Deaf role models who inspired pupils by sharing their sporting journeys:

- Mali Oram – Deaf athlete
- Henry Hughes – Deaf swimmer
- Andrea Hardwick – Deaflympian who has competed in both badminton and swimming

Each day of the week had a themed focus:

- Monday – Deaf Football
- Tuesday – Deaf Athletics
- Wednesday – Destination Deaflympics
- Thursday – Deaf Swimming
- Friday – Deaf Badminton

This term has been an energetic and inspiring conclusion to our PE and Sports programme for the academic year 2024–2025, celebrating participation, inclusion, and sporting excellence across the school.