

PE and Sports Report Update

2020-2021

Autumn 2020

This autumn term for KS1 and 2 pupils' weekly PE lessons, had multi-sports by a Deaf coach associated with Brentford FC. This half term, dance delivered by 'Deaf Jam Fitness' instructor to prepare for their "Here we are" Christmas show.

For EYFS, Mandy taught multi-sports. This is included lots of ball games, running and balance skills and this half term, movement/dance activities.

This term's sport trips has been booked by Mandy, arranging for KS1 and 2 pupils to go bowling and for EYFS to attend soft play.

We restarted our lunchtime clubs at the beginning of term with two sports: one focusing on bicycle training for specific pupils to learn how to ride a bike and understand road rules. The second, a running club for a group of pupils to work on their stamina and physical activity. We are now looking to develop our lunchtime clubs further in the Spring term and are currently making arrangements for staffing and equipment for this to take place.

Spring 2021

Due to the national lockdown from January to March we were unable to go ahead with our planned trampolining and netball PE lessons. We provided alternative sports for all children who were remote learning including key worker and vulnerable children who continued to attend school. Children created their own dance movements and uploaded their videos to share. Some followed Joe Wicks' weekly PE lessons online. Those in school had the opportunity to go to our local park to run around and develop climbing skills. We continue to look for ways to improve our children's access to sports at home.

We were contacted by UK Deaf Sport in partnership with Access Sports to provide sports kits for children to use at home to encourage sports and physical activity especially when these opportunities are limited in many of our children's homes.

The activity kit we are expecting from UK Deaf Sports and Access Sports includes an activity booklet and multi-sport equipment such as cones, beanbags, foam tennis balls and more. We look forward to receiving and distributing these this term to every child from EYFS to KS2.

Summer 2021

Last term children from Reception to Year 6 had an intensive 2 week swimming programme, with swimming every morning to catch up on missed lessons during the pandemic. We are waiting to find out if regularly weekly swimming sessions will continue from September.

We have also resumed our weekly lunchtime bike riding and running clubs to keep our children active and teach new skills. PE lessons last term included tennis coaching, and this term the children have football coaching.

We will be having our annual Sports Day this year (which was cancelled last year due to Covid-19) in the MUGA opposite the school, but parents will not be invited due to indoor restrictions.