

PE and Sports Premium Action Plan 2024-2025

Priority & Key Objectives:

- To promote physical activity across the school curriculum.
- To enhance the quality, accessibility and management of physical activity and sports.
- Provide new equipment to meet individual needs to encourage full participation.

Success Criteria	Action Plan/Tasks	Project Lead	Supporting Staff	Target Date	Cost?	Progress (RAG)	Evidence / Impact
A rich and varied programme of accessible sports and physical activity to all pupils to support extended learning throughout the year is provided.	Weekly Gross Motor Skills Autumn ½ term Part 1 for Ice Age and Jurassic Classes.	HLTA	Camden Coach with BSL interpreter	Sept – Oct 2024	£1,000		<p>The children will be provided with opportunities to develop different gross motor skills e.g., rolling, balance. These activities will also support:</p> <ul style="list-style-type: none"> • The development of their hand-eye coordination. • Their muscles and develop their physical fitness. Control of their body movements.
	Weekly Cricket Autumn ½ term Part 1 for KS1&2.	HLTA	Brentwood Football Club Community Sports Trust	Sept – Oct 2024	£1,120		<p>Cricket</p> <ul style="list-style-type: none"> • Physical Skills and Fitness: Playing cricket helps kids improve running, throwing, catching, and hitting. It also builds strength, balance, and coordination while keeping them active and healthy. • Teamwork and Focus: Cricket teaches kids how to work together as a team, follow rules, and handle winning or losing. It also helps them concentrate and think strategically, which improves their focus and problem-solving skills.
	Weekly Dance for Autumn ½ term Part 2 for All Classes.	HLTA	HLTA – EYFS & Jurassic Hiral – KS1&2	Nov - Dec 2024	£0 (Internal staff)		<p>Dance:</p> <ul style="list-style-type: none"> • Will support the development of their overall balance, spatial awareness and coordination. • It will support the development of their agility and flexibility. • Sustained physical activity can improve condition of the heart and lungs and help to regulate healthy blood pressure.

							<ul style="list-style-type: none"> Supports children in developing increased muscular strength, endurance and aerobic fitness.
	Weekly Yoga for Spring ½ term Part 1 for Ice Age and Jurassic Classes.	HLTA	Emma Callaghan – Lanari Yoga & Wellness	Jan - Feb 2025	£1,821.54		<p>Yoga</p> <ul style="list-style-type: none"> Physical Strength and Flexibility: Yoga helps kids build strength, improve balance, and become more flexible. It also promotes better coordination and body control through various poses and movements. Focus and Relaxation: Yoga teaches children how to focus, calm their minds, and relax. It also helps them manage stress, improve breathing, and develop mindfulness, which can support emotional well-being.
	Weekly Dodgeball Spring ½ term Part 1 for KS1&2.	HLTA	Brentwood Football Club Community Sports Trust	Jan – Feb 2025	£960		<p>Dodgeball</p> <ul style="list-style-type: none"> Physical Fitness and Agility: Dodgeball helps kids improve their running, throwing, and dodging skills. It also builds speed, coordination, and agility as they move quickly around the court. Teamwork and Focus: Playing dodgeball teaches children how to work with teammates, communicate, and stay focused during fast-paced play. It also helps them develop quick decision-making and strategic thinking.
	Weekly Tennis for Spring ½ term Part 2 for Ice Age and Jurassic Classes.	HLTA	Camden Coach with BSL interpreter	Feb - Apr 2025	£1,200		<p>Tennis</p> <ul style="list-style-type: none"> Physical Fitness and Coordination: Tennis helps kids improve their strength, speed, and agility. It also enhances hand-eye coordination and balance as they practice hitting the ball and moving on the court. Focus and Sportsmanship: Tennis teaches children how to stay focused, develop patience, and handle both winning and losing with good
	Weekly Tennis for Spring ½ term Part 2 for KS1&2.	HLTA	Brentwood Football Club Community Sports Trust	Feb – Apr 2025	£1,200		

							sportsmanship. It also encourages problem-solving and strategic thinking during matches.
	Weekly Gross Motor Skills Summer ½ term Part 1 for Ice Age and Jurassic Classes.	HLTA	Camden Coach with BSL interpreter	Apr – May 2025	£1,200		The children will be provided with opportunities to develop different gross motor skills e.g., throwing, catching and jumping. These activities will also support: <ul style="list-style-type: none"> The development of their hand-eye coordination. Their muscles and develop their physical fitness. Control of their body movements.
	Weekly Yoga for Summer ½ term Part 1 for Egypt & Roman Classes. (Children under 8)	HLTA	Emma Callaghan – Lanari Yoga & Wellness	Apr – May 2025	£2,115		Yoga <ul style="list-style-type: none"> Physical Strength and Flexibility: Yoga helps build strength, improve balance, and become more flexible. It also promotes better coordination and body control through various poses and movements. Focus and Relaxation: Yoga teaches children how to focus, calm their minds, and relax. It also helps them manage stress, improve breathing, and develop mindfulness, which can support emotional well-being.
	Weekly Kayaking for Summer ½ term Part 1 for KS1&2. (Children over 8)	HLTA	The Pirates Kayaking Kayaking Coach with BSL interpreter	May – June 2025	£1,500		Kayak is a great choice for all children and facilitates: <ul style="list-style-type: none"> The improvement of their focus and problem-solving skills. Teamwork, cooperation and discipline. Sustained physical activity e.g. Paddling with their arms, back muscles, legs (if using pedals) and stomach muscles. Improved balance and stamina.
	Weekly Football for Summer ½ term Part 2 for Ice Age and Jurassic Classes.	HLTA	Camden Coach with BSL interpreter	June – July 2025	£1,200		Football: <ul style="list-style-type: none"> Improves concentration and maintains mental alertness.

							<ul style="list-style-type: none"> Teaches basic skills like running, jumping, throwing, kicking, coordination and passing to team members. It can help to lower body fat, improve muscle tone, support cardiovascular health, increase muscle mass and bone strength. Promotes teamwork and self-discipline.
	Weekly Football for Summer ½ term Part 2 for KS1&2.	HLTA	Brentwood Football Club Community Sports Trust	June – July 2025	£1,200		<p>Football:</p> <ul style="list-style-type: none"> Improves concentration and maintains mental alertness. Teaches basic skills like running, jumping, throwing, kicking, coordination and passing to team members. It can help to lower body fat, improve muscle tone, support cardiovascular health, increase muscle mass and bone strength. Promotes teamwork and self-discipline.
	Weekly Swimming Lessons for KS1&2 all year.	CD	Swimming Coaches & Support Staff	Sept – July 2025	School Funded		<p>Swimming lessons:</p> <ul style="list-style-type: none"> Encourages children to aim higher and achieve goals. Develops confidence in the water and self-esteem. Raises heart rate, builds endurance, muscle strength and cardiovascular fitness. Helps maintain a healthy weight, healthy heart and lungs. Tones muscles and builds strength.
	Soft play (for EYFS trip)	CD / AH	Teachers & School Staff	Sept 2024- July 2025	£400		<p>Soft Play (EYFS):</p> <ul style="list-style-type: none"> Benefits the EYFS children because it will encourage them to develop their gross motor skills e.g. stepping, climbing, crawling, jumping, and rolling.

							<ul style="list-style-type: none"> • Can support interaction with other children and adults. • Develops their ability to problem solve. • Encourages fine motor skills e.g., moving objects with their hands
Pupils have opportunities to acquire new knowledge and skills and apply their skills in chosen activities.	Sports Day	HS & AH Support Staff	HS & AH	July 2025	£0 (Internal staff)		<p>Sports day:</p> <ul style="list-style-type: none"> • Enhances mental and physical development. • Promotes their social skills and can even contribute to an improvement in academic performance. • Provides differentiated activities that matches children's individual abilities and needs. • Develops basic skills e.g., throwing, jumping, hitting, kicking, running, and holding spoons. • Promotes teamwork and respect for others. • Empowers children (Y6) by encouraging them to be a team leader.
	<p>Lunchtime clubs for the whole year.</p> <ul style="list-style-type: none"> - Running - Bicycle - Scooter - Football 	HLTA/CD	HLTA Lead with Support Staff	Sept 2024 – July 2025	£0 Internal Staff.		<p>Lunch time clubs:</p> <ul style="list-style-type: none"> • Provides additional opportunities to further develop PE skills, mix with other children and form new relationships. • Promote positive social skills and opportunities to make new friends during clubs. • Enable children to face new challenges and set personal goals. • Stimulate children physically and mentally. <p>Running Club– Allows children to learn how to jog first before progressing to running at speed. It strengthens their legs and arms. It also develops their concentration when running.</p> <p>Bike Club– Encourages them to ride independently by learning how to balance, hold onto handles/brakes and push pedals. It builds their leg muscles and joints. It</p>

							<p>improves posture, coordination and strengthens bones. It also promotes confidence and self-esteem.</p> <p>Scooter Club – Supports children in riding independently and improving their balance. Teaches them how to stand upright and balance with one leg, while kicking with the other. Promotes the development of motor skills, hand/eye coordination and concentration. It actively promotes decision-making skills. Additionally, it teaches children how to wear helmets, knee pads and elbow pads correctly.</p> <p>Football Club - Football helps kids improve their running, kicking, and passing skills. It also builds strength, endurance, and coordination as they move around the field. Playing football teaches children how to work together as a team, communicate with others, and support their teammates, while also boosting confidence and helping them make new friends.</p>
	Order certificate and badges for swimming.	HLTA	HS/TAs and Swimming Coach	Summer 2025	Staff Admin Time.		<p>Swimming certificates/badges:</p> <ul style="list-style-type: none"> • Goal setting for children encourages them to aspire and aim higher. • Improves self-esteem and confidence when gaining new badges, trophies and/or moving up levels.
	Order trophies for sporting achievements.	HLTA	Support Staff	Summer 2025	Staff Admin Time.		
	Set up new first aid bag for PE cupboard for the lunchtime clubs.	HLTA /Office	Staff	2024-2025	Staff Admin Time.		
Staff confidently provide a programme of accessible sports & physical activity to all pupils through PE & play.	Work with Panathlon & schools in entering annual Deaf events.	HLTA / CD /Panathlon	External Professionals / Coaches / Schools	Dec 2024 July 2025	Staff Admin Time.		Support, maintain and develop links with local and wider community sports clubs.
	Update swimming levels.	CD	School Staff	Jan 2025 to July 2025	Staff Admin Time.		Monitor, track and assess pupils' progress. Identify key areas of development and set termly/annual targets for each child.

Staff receive professional development in Physical Education through INSET sessions and class training with qualified teachers/coaches.	Termly INSET for all staff through a variety of sports coaching and understanding how to promote physical activity outside PE lessons. (1 x Spring & 1 x Summer)	CD	Internal Staff External Trainers	2024-2025	£500		Gain knowledge, understanding, qualifications and experience in specialised sports. Outcomes can be achieved by using specialist coaches' technical knowledge and skills and sharing these with school staff. Assist school staff in improving their knowledge around the development of core skills in children such as locomotion, object control, stability, balance and co-ordination. Support school staff to develop fundamental movement skills in children to help them to be more confident to participate in sport and physical activity as part of a healthy and active lifestyle.
School Sports Vision is shared, endorsed and adopted across the school community: Staff, Parents, and Governors.	Staff Feedback: Identifying areas of development and training.	CD	Support Staff	July 2025	Staff Admin Time.		Contribute to the raising achievement agenda in our school through developing confidence and self-esteem in children through sport and through educating our children on the importance and value of sport.
	Sports vision, provision and outcome endorsed via Newsletters, assemblies, school website & social media.	CD	Headteacher Business Team Teachers Support Staff	Autumn 2024, Spring 2025, Summer 2025	Staff Admin Time.		Help to ensure the PE and School Sport premium funding as a sustainable legacy by directly up-skilling support staff and teachers' technical knowledge of sport.
	Yearly review of PE and sports across the school and provide updates to the school community.	CD	CD	July 2025	Staff Admin Time.		Promote lifelong participation in sport and physical activity in our children. Sharing photos and updates to parents via our online learning platform promoting positive attitude to PE and Sports at home. Pictures also shared via Instagram, Facebook, Twitter and our website.