

PE and Sports Premium Action Plan 2022-2023

Priority & Key Objectives:

- To promote physical activity across the school curriculum.
- To enhance the quality, accessibility and management of physical activity and sports.
- Provide new equipment to meet individual needs to encourage full participation.

Success Criteria	Action Plan/Tasks	Project Lead	Supporting Staff	Target Date	Cost?	Progress (RAG)	Evidence / Impact
A rich and varied programme of accessible sports and physical activity to all pupils to support extended learning throughout the year is provided.	<ul style="list-style-type: none"> Weekly Hockey Autumn ½ term Part 1 for KS1&2. 	HS/CD	Camden Coach with BSL interpreter	Sept – Oct 2022	£200	Achieved	Hockey: <ul style="list-style-type: none"> Teaches key skills to children, whilst they take part in a healthy and fast paced activity. It encourages them to engage, learn ball control and develop hand-eye coordination. Additionally, the children will learn how to take turns, pass to each other and key hockey body positions.
	<ul style="list-style-type: none"> Weekly Gross Motor Skills PE Lessons for EYFS all year. 	HS / CD	HLTA/ Support Staff	Sept 2022 – July 2023	Internal Staff	Achieved	EYFS children will be provided with opportunities to develop different gross motor skills e.g. rolling, balance, throwing, catching and jumping. These activities will also support: <ul style="list-style-type: none"> The development of their hand-eye coordination. Their muscles and develop their physical fitness. Control of their body movements.
	<ul style="list-style-type: none"> Weekly Dance for Autumn ½ term Part 2 for KS1&2. 	HS / CD	Dance Instructor	Nov -Dec 2022	£650	Achieved	Dance: <ul style="list-style-type: none"> Will support the development of their overall balance, spatial awareness and coordination. It will support the development of their agility and flexibility. Sustained physical activity can improve condition of the heart and lungs and help to regulate healthy blood pressure. Supports children in developing increased muscular strength, endurance and aerobic fitness.

	<ul style="list-style-type: none"> Weekly Swimming Lessons for KS1&2 all year. 	CD	Swimming Coaches & Support Staff	January – July 2023	School Funded / Pupil Premium	Achieved	<p>Swimming lessons:</p> <ul style="list-style-type: none"> Encourages children to aim higher and achieve goals. Develops confidence in the water and self-esteem. Raises heart rate, builds endurance, muscle strength and cardiovascular fitness. Helps maintain a healthy weight, healthy heart and lungs. Tones muscles and builds strength.
	<ul style="list-style-type: none"> Weekly Badminton Spring ½ term Part 1 for KS1&2. 	HS / CD	Deaf Coach	Jan - Feb 2023	£700	Achieved	<p>Badminton:</p> <ul style="list-style-type: none"> Develops their physical coordination (limb and physiological functions). The children will also build their muscle and strength through badminton. Provides good opportunities for children to exercise both their upper and lower body. Upper body – hitting the shuttlecock, using core muscles and holding the racket correctly. Lower body – Changing direction, jumping and acceleration. Supports their social development, as they learn how to work together as a team. Enables the children to develop their ability to make independent decisions. Develops their self-confidence. Improves their metabolic rate, heart and lung function. Helps to increase their concentration span. Develops their reflexes.
	<ul style="list-style-type: none"> Weekly Kayak Spring ½ term Part 2 for KS1&2. 	HS / CD	Kayak Coach	March - April 2023	£1,000	Achieved	<p>Kayak is a great choice for all children and facilitates:</p> <ul style="list-style-type: none"> The improvement of their focus and problem-solving skills. Teamwork, cooperation and discipline. Sustained physical activity e.g. Paddling with their arms, back muscles and stomach muscles. Improved balance and stamina.

	<ul style="list-style-type: none"> Weekly Jumping for ½ Summer ½ term Part 1 for KS1&2. 	HS/ CD	Coach with BSL Interpreter	April – May 2023	£1,000	Not Met Due to availability & logistics. Alternatively , pupils had Rugby for PE lessons.	Jumping lessons: <ul style="list-style-type: none"> Provides a boost to self-esteem. Supports improved circulation. Encourages flexibility and supports children to develop strength in their core muscles when they jump and land. Helps to maintain a healthy weight and support weight loss.
	<ul style="list-style-type: none"> Or Weekly Rock Climbing for ½ Summer term Part 1 for KS1&2 	HS/CD	Rock Climbing Coach	April – May 2023	£1,000		Climbing: <ul style="list-style-type: none"> Empowers children to overcome challenges and develop self-confidence. Actively promotes problem solving e.g. how to reach the top of the wall. Supports the development of their gross and fine motor skills, including their arms and legs. It provides full body exercise and can help to develop core muscles and muscles in their hands. Enhances their eye-hand coordination, balance and ability to move up and down. Improves their flexibility and challenges the cardiovascular system (helps to increase stamina, burn calories and strengthen heart and lungs).
	<ul style="list-style-type: none"> Weekly Football for half term for Summer ½ term Part 2. 	HS / CD	Deaf Coach	June - July 2023		Achieved	Football: <ul style="list-style-type: none"> Improves concentration and maintains mental alertness. Teaches basic skills like running, jumping, throwing, kicking, coordination and passing to team members. It can help to lower body fat, improve muscle tone, support cardiovascular health, increase muscle mass and bone strength. Promotes teamwork and self-discipline.
	<ul style="list-style-type: none"> Soft play (for EYFS trip) 	CD, AHO/CS	Teachers & School Staff	Sept 2022- July 2023		Achieved (School Funded)	Soft Play (EYFS): <ul style="list-style-type: none"> Benefits the EYFS children because it will encourage them to develop their gross motor

							skills e.g. stepping, climbing, crawling, jumping, and rolling. <ul style="list-style-type: none"> • Can support interaction with other children and adults. • Develops their ability to problem solve. • Encourages fine motor skills e.g. moving objects with their hands
	<ul style="list-style-type: none"> • Pantathlon trips - Swimming Gala - Bowling 	HS/CD	Panathlon and Support Staff	April 2023		Partially Met Could not attend further competitions due to clashes with other trips/events on the same dates.	Pentathlon/Swimming Gala/Bowling: <ul style="list-style-type: none"> • Provides new challenges and experiences e.g. competing in a team. • Supports their personal development e.g. being competitive, winning gracefully and accepting losses. • Creates opportunities for pupils to meet children from other schools, participate together and make friends. • Promotes confidence and self-esteem.
	<ul style="list-style-type: none"> • Host a Deaf football tournament with other Deaf schools / units. 	CD	Frank Barnes & Heathlands	July 2023		Achieved	Deaf Football Tournament: <ul style="list-style-type: none"> • Encourages fitness. • Helps build strength and muscle in the core of the body. • Supports their social skills and allows them to meet new children. • Provides new challenges and opportunities to compete in a team. • Supports their personal development e.g. being competitive, winning gracefully and accepting losses. • Promotes the Deaf community.
Pupils have opportunities to acquire new	Sports Day	HS/AHo Support Staff	HS/AHo	July 2023		Achieved	Sports day: <ul style="list-style-type: none"> • Enhances mental and physical development.

knowledge and skills and apply their skills in chosen activities.							<ul style="list-style-type: none"> Promotes their social skills and can even contribute to an improvement in academic performance. Provides differentiated activities that matches children's individual abilities and needs. Develops basic skills e.g. throwing, jumping, hitting, kicking, running, and holding spoons. Promotes teamwork and respect for others. Empowers children (Y6) by encouraging them to be a team leader.
	<p>Lunchtime clubs for the whole year.</p> <ul style="list-style-type: none"> Running Bikes Scooters 	HS/CD	HLTA Lead with Support Staff	Sept 2022 – July 2023	Internal Staff.	Achieved	<p>Lunch time clubs:</p> <ul style="list-style-type: none"> Provides additional opportunities to further develop PE skills, mix with other children and form new relationships. Promote positive social skills and opportunities to make new friends during clubs. Enable children to face new challenges and set personal goals. Stimulate children physically and mentally. <p>Running Club– Allows children to learn how to jog first before progressing to running at speed. It strengthens their legs and arms. It also develops their concentration when running.</p> <p>Bike Club– Encourages them to ride independently by learning how to balance, hold onto handles/brakes and push pedals. It builds their leg muscles and joints. It improves posture, coordination and strengthens bones. It also promotes confidence and self-esteem.</p> <p>Scooter Club – Supports children in riding independently and improving their balance. Teaches them how to stand upright and balance with one leg, while kicking with the other. Promotes the development of motor skills, hand/eye coordination and concentration. It actively promotes decision-making skills. Additionally, it teaches</p>

							children how to wear helmets, knee pads and elbow pads correctly.
	Order certificate and badges for swimming.	HS	HS/TAs and Swimming Coach	Nov 2023	£100	Achieved	Swimming certificates/badges: <ul style="list-style-type: none"> • Goal setting for children encourages them to aspire and aim higher. • Improves self-esteem and confidence when gaining new badges, trophies and/or moving up levels.
	Order trophies for sporting achievements.	Deaf Instructor/ HS	Support Staff	June 2023	£100	Achieved	
	Order new trolley for the playground	HS	Staff	Jan 2023	£300	Not Met Planned for 2023-2024.	Playtime Trolley: <ul style="list-style-type: none"> • Allows children (including EYFS) to access a range of sports equipment. • It supports interaction with different peers. • It enables them to explore and extend their ideas. • Enhances their physical development and promotes exercise and keeping healthy.
	Order new equipment for the PE cupboard	HS	Staff/Coaches	Jan 2023	£400	Achieved	Some equipment is missing or broken and needs to be replaced.
	Order new EYFS equipment	HS	Staff	Jan 2023	£500	Achieved	EYFS equipment –This will allow children to access resources when they have PE lessons and encourage them to explore a range of equipment. It will also promote both their gross and fine motor skills.
	Set up new first aid bag for PE cupboard for the lunchtime clubs.	HS	Staff	Oct 2022	N/A	Achieved	Will be easily accessible during lunchtime clubs.
Staff confidently provide a programme of accessible sports & physical activity to all pupils through PE, Golden Time & play.	Work with Panathlon & schools in entering annual Deaf events.	HS / CD /Panathlon	External Professionals / Coaches / Schools	Dec 2022 July 2023	Staff Admin Time.	Partially Met (See prev comment)	Support, maintain and develop links with local and wider community sports clubs.
	Implement a physical activity weekly during Golden Time.	HLTAs (HS and LTS)/ CD	Class Teachers and TAs	Sept 22 to July 2023	Staff Admin Time.	Not Met Golden Time was since removed as a whole	<ul style="list-style-type: none"> • Will provide opportunities to mix with other children and form new relationships through team games and challenges. • Face new challenges and set personal goals. • Stimulate children physically and mentally.

						school initiative so this no longer applies.	
	Update swimming levels.	HS	School Staff	Jan 2023 to July 2023	Staff Admin Time.	Partially Met Due to staffing constraints - not enough time.	Monitor, track and assess pupils' progress. Identify key areas of development and set termly/annual targets for each child.
Staff receive professional development in Physical Education through INSET sessions and class training with qualified teachers/coaches.	Termly INSET for all staff through a variety of sports coaching and understanding how to promote physical activity outside PE lessons. (1 x Spring & 1 x Summer)	CD	Internal Staff External Trainers	July 2023	£500	Achieved	Gain knowledge, understanding, qualifications and experience in specialised sports. Outcomes can be achieved by using specialist coaches' technical knowledge and skills and sharing these with school staff. Assist school staff in improving their knowledge around the development of core skills in children such as locomotion, object control, stability, balance and co-ordination. Support school staff to develop fundamental movement skills in children to help them to be more confident to participate in sport and physical activity as part of a healthy and active lifestyle.
	PE Accredited Workshops and/or Courses for Staff.	CD	Sport leaders UK / Aspire	July 2023	£1500	Not Met Staff changes in 2023 meant postponing this to 2023-2024.	
School Sports Vision is shared, endorsed and adopted across the school community: Staff, Parents, and Governors.	Staff Sports Survey Feedback: Identifying areas of development and training.	CD	Support Staff	July 2023	Staff Admin Time.	Achieved	Contribute to the raising achievement agenda in our school through developing confidence and self-esteem in children through sport and through educating our children on the importance and value of sport. Help to ensure the PE and School Sport premium funding as a sustainable legacy by directly up-skilling support staff and teachers' technical knowledge of sport. Promote lifelong participation in sport and physical activity in our children. Sharing photos and updates to parents via our online learning platform promoting positive attitude to PE and Sports at home. Pictures also shared via Instagram, Facebook, Twitter and our website.
	Sports vision, provision and outcome endorsed via Newsletters, Assemblies, School website & Facebook.	CD	Headteacher Business Team Teachers Support Staff	July 2023	Staff Admin Time.	Achieved	
	Yearly review of PE and sports across the school and provide updates to the school community.	CD	CD	July 2023	Staff Admin Time.	Achieved	