

PE and Sports Premium Action Plan 2020-2021

Priority & Key Objectives:

- To promote physical activity across the school curriculum.
- To enhance the quality, accessibility and management of physical activity and sports.
- Provide new equipment to meet individual needs to encourage full participation.

Success Criteria		Action Plan/Tasks	Project Lead	Supporting Staff	Target Date	Cost?	Progress	Evidence / Impact
A rich and varied programme of accessible sports and physical activity to all pupils to support extended learning throughout the year is provided.	•	5-a-Day Fitness Subscription Package for home and school.	CD	School Staff	Jan 2021	£528	Achieved	The fitness channel is a collection of 5-minute fun fitness routines with different themes. The videos are aimed at getting pupils up, active and ready for learning. This resource can be used at any time during the day to increase physical activity levels e.g. first thing in the morning as a wake-up activity or energy/brain break or to re-motivate pupils after lunchtime. The fitness routines are differentiated through complexity and speed.
	•	Weekly Multi-Sports Autumn ½ term Part 1 for KS1&2.	MT/CD	Deaf Coach	Oct 2020	£360	Achieved	Improves jumping, catching, throwing and running skills. Improved athleticism. Develop balance, coordination, strength and flexibility. Exposes children to a variety of
	•	Weekly Multi-Sports PE Lessons for EYFS all year.	MT / CD	MT / Support Staff	Sept 2020 – July 2021	Internal Staff	Achieved	sports and physical activities helping to avoid premature specialisation or preference of a sport.
	•	Weekly Dance for Autumn ½ term Part 2 for KS1&2.	MT / CD	Deaf Dance Instructor	Dec 2020	£1,000	Achieved	Improve overall balance, spatial awareness and coordination. Develop agility and flexibility. Improve condition of heart and lungs, promoting healthy blood pressure. Increased muscular strength, endurance and aerobic fitness.
	•	Weekly Swimming Lessons for Spring & Summer for KS1&2.	KOG	Swimming Coaches & Support Staff	July 2021	School Funded	Partially Achieved Covid-19 Restrictions. Block of 2 weeks swimming, every day achieved.	Aiming higher and achieving goals. Increase confidence in water and develop self-esteem. Keeps heart rate up, builds endurance, muscle strength and cardiovascular fitness. Helps maintain a healthy weight, healthy heart and lungs. Tones muscles and builds strength.



	Weekly Trampolining Spring ⅓ term Part 1 for KS1&2.	MT / CD	Trampoline Instructor	Feb 2021	£500	Not Achieved Due to Covid-19 Lockdown, PE lessons were cancelled & online learning took place. Provided alternative PE activities through online platform.	Increase cardiovascular system and boost energy levels. Improves posture. Develops confidence. Learn their centre of balance. Improve combination of motor-skills, jumping, balancing and coordination. Bouncing promotes lymphatic circulation strengthening the immune system.
•	Weekly Netball Multi-Sports Spring ½ term Part 2 for KS1&2.	MT / CD	Deaf coach	April 201	£300	Achieved	Improves jumping, catching, throwing and running skills. Improved athleticism. Develop balance, coordination, strength and flexibility. Exposes children to a variety of sports and physical activities helping to avoid premature specialisation or preference of a sport.
•	Weekly Cricket Tennis for ½ Summer ½ term Part 1 for KS1&2.	MT / CD	Cricket Coach with BSL Interpreter	May 2021	£500	Achieved	Learn to sprint, move in different directions, run to stop balls. Develop throwing skills. Improves stamina and balance. Improve hand-eye coordination and fine-motor skills.
•	Weekly Football for half term for Summer ½ term Part 2.	MT / CD	Deaf Football Coach	July 2021	£500	Achieved	Improves concentration. Keeps mental skills sharp. Running, kicking and leaping are the building blocks that enable children to foster a complete set of skills. Provides mental and physical skills. Improves cardiovascular health. Lowers body fat and Improves muscle tone. Builds muscle and increases bone strength. Promotes teamwork and discipline. Teaches coordination.
•	Sport trips - Bowling - Soft play (for EYFS) - Trampolining	MT	MT/CD & School Staff	Dec 2020	£500	Achieved	Increased motivation for PE and sports. Personal and team development. Improved knowledge and understanding. New challenges trigger new learning. Learn to compete in a team. Being competitive, taking



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	 Panathlon trips Swimming Gala Boccia 10 Pin bowling 	CD	Panathlon and Support Staff	June 2021	£250	Partially Achieved Due to Covid-19 Restriction s, trips cancelled. Completed one trip – Boccia with KS1 pupils.	wins and accepting losses. Facing challenges away from school brings children together and enhances relationships.
	Host a Deaf football tournament with other Deaf schools / units.	CD	Frank Barnes & Heathlands	July 2021	£200		Improves concentration. Keeps mental skills sharp. Running, kicking and leaping are the building blocks that enable children to foster a complete set of skills. Provides mental and physical skills. Improves cardiovascular health. Lowers body fat and Improves muscle tone. Builds muscle and increases bone strength. Promotes teamwork and discipline. Teaches coordination. Support, maintain and develop community links with Deaf and mainstream schools.
Pupils have opportunities to acquire new knowledge and skills and apply their skills in chosen activities.	Sports Activities at Centre Parcs for Year 5&6 Residential Trip including: rock climbing, kayaking, canoeing, archery.	CD	KOG	June 2021	£2,500	Achieved	Diverse, exciting and fun sports for children to try, find out what they like and develop new skills. Facing challenges away from school brings children together and enhances relationships. Residential trip away from home providing children with a sense of responsibility has a positive effect on children's self-esteem and confidence, improving their emotional and mental well-being.
	Set up new lunchtime clubs.	CD	CD / Support Staff	April 2021	Internal Staff.	Partially Achieved Due to Covid-19 Restrictions, short staffed so set up 1 of 2 lunchtime clubs. Set up trainee bie club.	Improve and practice PE skills. Opportunity to mix with other children and form new relationships working on positive social skills and making new friends. Work through team games and challenges. Face new challenges and set personal goals. Stimulate children physically and mentally.



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						Not enough staff for 2 nd club.	
	New equipment for lunchtime clubs. - Scooters - Helmets - Knee Pads - High visibility vests	CD	Support Staff	April 2021	£5,000	Partially Achieved Majority of items purchased. Waiting on delivery of scooters – delayed due to out of stock.	
	Order certificate and badges for swimming.	CD	MT/TAs and Swimming Coach	June 2021	£200	Not Achieved Due to Covid-19 Restrictions, swimming was cancelled.	Goal setting for children to aim higher and improve self- esteem and confidence when gaining new badges, trophies and/or moving up levels.
	Order trophies for sporting achievements.	Deaf Instructor	Support Staff	July 2021	£200	Achieved	
Staff confidently provide a programme of accessible sports &	Work with Panathlon & schools in entering annual Deaf events.	MT / CD /Panathlon	External Professionals / Coaches / Schools	Dec 2020 July 2021	Staff Admin Time.	Achieved	Support, maintain and develop links with local and wider community sports clubs.
physical activity to all pupils through PE, Golden Time & play.	Implement a physical activity weekly during Golden Time.	MT / CD	Class Teachers and TAs	Dec 2020	Staff Admin Time.	Achieved	Opportunity to mix with other children and form new relationships. Work through team games and challenges. Face new challenges and set personal goals. Stimulate children physically and mentally.
	Update swimming levels.	MT	School Staff	July 2021	Staff Admin Time.	Not Achieved Due to Covid-19 Restrictions, swimming was reduced to block of 2 weeks – not	Monitor, track and assess pupils' progress. Identify key areas of development and set termly/annual targets for each child.



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						enough evidence for	
						levels.	
	Set up Scooter Lunchtime Club	CD	MT/CD	April 2021	Internal Staff.	Not Achieved Due to Covid-19 Restrictions, short staffed meant could not set up Scooter club.	Effective stretching and strengthening of most muscle groups: belly, back, buttocks, thighs, calves. Increase gastrointestinal motility. Increased level of fitness. One of the most effective methods of burning calories. Develop balance and coordination skills.
	Run Lunchtime Football Club	CD	SFC: Football Academy & TAs	April-July 2021	£336	Achieved	Improves concentration. Keeps mental skills sharp. Running, kicking and leaping are the building blocks that enable children to foster a complete set of skills. Provides mental and physical skills. Improves cardiovascular health. Lowers body fat and Improves muscle tone. Builds muscle and increases bone strength. Promotes teamwork and discipline. Teaches coordination.
	Set up Trainee Bicycle Lunchtime Club	CD	Support Staff	Oct 2020	Internal Staff.	Achieved	Keeping physically active. Healthy exercise habits. Staying healthy. Improves focus in class. Helps being ready to
	Run Proficient Bicycle Lunchtime Club	CD	Support Staff	April 2021	Internal Staff.	Achieved	learn. Positive mental health. Something the family can learn to do together at home.
	Run Running Lunchtime Club	CD	Support Staff	Jan 2021	Internal Staff.	Achieved	Help strengthen bones and muscles. Working towards goals. Keeping physically active. Healthy exercise habits. Staying healthy. Improves focus in class. Helps being ready to learn. Positive mental health. Something the family can do together at home. Learning to participate individually and in a team. Build confidence and selfesteem.
Staff receive professional development in Physical Education through INSET sessions and class training with	Termly INSET for all staff through a variety of sports coaching and understanding how to promote physical activity outside PE lessons. (1 x Spring & 1 x Summer)	MT / CD	Internal Staff External Trainers	July 2021	£500	Partially Achieved Due to Covid-19 Restrictions, training was focused on staff developmen	Gain knowledge, understanding, qualifications and experience in specialised sports. Outcomes can be achieved by using specialist coaches' technical knowledge and skills and sharing these with school staff. Assist school staff in improving their knowledge around the development of core skills in children such as locomotion, object control, stability, balance and coordination.



qualified teachers/ coaches.						t in other areas of school especially online learning. 1 training provided.	Support school staff to develop fundamental movement skills in children to help them to be more confident to participate in sport and physical activity as part of a healthy and active lifestyle.
	PE Accredited Workshops and/or Courses for Staff	CD	Sport leaders UK / Aspire	July 2021	£1500	Not Achieved Due to Covid-19 Restrictions, courses were cancelled or postponed. Restart in 21-22 academic year.	
School Sports Vision is shared, endorsed and adopted across the school community: Staff,	Staff Sports Survey Feedback: Identifying areas of development and training.	CD	Support Staff	July 2021	Staff Admin Time.	Not Achieved Due to Covid-19 Restrictions,	Contribute to the raising achievement agenda in our school through developing confidence and self-esteem in children through sport and through educating our children on the importance and value of sport. Help to ensure the PE and School Sport premium funding
Parents, and Governors.	Sports vision, provision and outcome endorsed via Newsletters, Assemblies, School website & Facebook.	CD	Headteacher Business Team Teachers Support Staff	July 2021	Staff Admin Time.	Achieved	as a sustainable legacy by directly up-skilling support staff and teachers' technical knowledge of sport. Promote lifelong participation in sport and physical
	Yearly review of PE and sports across the school and provide updates to the school community.	CD	CD	July 2021	Staff Admin Time.	Achieved	activity in our children. Sharing photos and updates to parents via our online learning platform promoting positive attitude to PE and Sports at home. Pictures also shared via Instagram, Facebook, Twitter and our website